

Take control of your health with a health screening

Get a biometric screening courtesy of Sacramento City USD and Kaiser Permanente.

Get screened

Have your total cholesterol, HDL, blood sugar (glucose), and blood pressure measured. Screenings are confidential and you don't need to fast.

Screening details

December 13, 2017 11:00 am to 4:00 pm Serna Center Community 5735 47th Avenue Sacramento, CA 95824

Feel the benefits

Knowing your numbers can help you take control of your health. If they need improvement, you can start making simple changes to help you look and feel your best.

Schedule your screening at kp.org/wellnessevent. Enter sign-up code scusd

