Sacramento City Unified School District
Human Resource Services

2013-2014 CLASSIFIED PROFESSIONAL DEVELOPMENT SERIES I SEMINARS

CALENDAR THESE SEMINAR DATES for CAREER DEVELOPMENT OPPORTUNITIES and MORE!

Questions??
E-Mail: joycec@sac-city.k12.ca.us or Call Joyce Compton, Personnel Specialist, Human Resource Services at Phone: (916) 643-7492

WE INVITE ALL CLASSIFIED EMPLOYEES to ATTEND these INFORMATIVE and FREE SEMINARS TO SHARE, LEARN and GROW!

Professional Growth Program, inclusive of details on eligibility, credit, deadline for filing units, is outlined in following CBA’s: SEIU, CSA, TEAMSTERS: Article 17.

Utilize PSL-F002 form for Fast Track credit. (16 FTr. hrs = 1 unit)

<table>
<thead>
<tr>
<th>FAST TRACK Seminar Topics</th>
<th>Location/Date/Time</th>
<th>Maximum Enrollment Capacity</th>
<th>Guest Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The RESILIENT EDUCATOR, Part I: Skills to Succeed and Flourish In Today’s Schools</strong></td>
<td>September 17, 2013, TUESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80 for each class session</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
</tr>
<tr>
<td><strong>The RESILIENT EDUCATOR, Part II: Skills to Succeed and Flourish in Today’s Schools</strong></td>
<td>September 26, 2013, THURSDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
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<tr>
<td><strong>The RESILIENT EDUCATOR, Part III: Skills to Success and Flourish in Today’s Schools</strong></td>
<td>October 4, 2013, FRIDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
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<tr>
<td><strong>STRATEGIES for WORKING PARENTS: Survival Tips, Exploring, Creating Balance, Managing Work/Family Issues</strong></td>
<td>October 30, 2013, WEDNESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Monica Griffith, MHN</td>
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<tr>
<td><strong>COMMUNICATION PITSTOPS</strong></td>
<td>November 5, 2013, TUESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
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<tr>
<td><strong>COPING with GRIEF and LOSS</strong></td>
<td>November 20, 2013, WEDNESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Sandra Cortez, MHN</td>
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<tr>
<td><strong>HEALTH in the 21st CENTURY</strong></td>
<td>December 3, 2013, TUESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
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<tr>
<td><strong>RETIREE: How To Plan: Creating a Blueprint; Exploring Your Options</strong></td>
<td>December 10, 2013, TUESDAY, 5:00 to 6:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Andy Berleth, Association of Financial Educators/AFE</td>
</tr>
<tr>
<td><strong>LIVING with EXTENDED FAMILY: Needs, Challenges, Expectations, Agreements, Responsibilities</strong></td>
<td>January 7, 2014, TUESDAY, 5:00 to 6:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Monica Griffith, MHN</td>
</tr>
</tbody>
</table>

*SAVE THE DATES! We look forward to sharing a wealth of knowledge with everyone.

* Shared Reasons to Make Professional Development a Priority:
Career Learning Opportunities; Keeping Up with Current Trends; It’s Fun; There’s Money In It; Growth; Leadership; Discovery; Expertise; Informative; Inspiration; Learning; Freebies/Raffles; Networking; Educate; Include on Resume; Support Staff, Students and Colleagues

*Attendees interested in Professional Growth credit will be required to SIGN IN for attendance verification.

**Deadline for filing PROFESSIONAL GROWTH UNITS shall be 8-1 for changes effective September 1 and March 1 for changes effective April 1. (Attend 16 of 20 workshops minimum, annually, Sept. through Feb. for March 1 deadline/filing of units OR attend 16 of 20 workshops minimum, annually, Sept. to June for August 1 deadline.)**
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### FAST TRACK Seminar Topics

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<tr>
<th>ID</th>
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<th>Location/Date/Time</th>
<th>Maximum Enrollment Capacity</th>
<th>Guest Speaker(s)</th>
<th>SEIU</th>
<th>CSA</th>
<th>TEAMSTERS</th>
<th>Supervisors</th>
<th>Non-Represented Supervisors</th>
<th>Total (FTr Hours)</th>
<th>Total (In-Service Growth)</th>
<th>Total (Seminars)</th>
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</thead>
<tbody>
<tr>
<td>10</td>
<td>INVESTING BASICS: Designing a Personal Plan; Avoiding Scams; Learning Time Value of Money</td>
<td>January 21, 2014, TUESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Andy Berleth, Association of Financial Educators/AFE</td>
<td>X</td>
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<tr>
<td>11</td>
<td>MOTIVATION</td>
<td>February 4, 2014, TUESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
<td>X</td>
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<tr>
<td>12</td>
<td>FINANCIAL TRAPS: Not Having a Strategy; Deferred Spending Accounts; Short Term Vs. Long Term</td>
<td>February 19, 2014, WEDNESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Andy Berleth, Association of Financial Educators/AFE</td>
<td>X</td>
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<td>13</td>
<td>COPING with CANCER DIAGNOSIS: Issues, Challenges, Reactions, Coping, Assistance, Action Plan</td>
<td>March 11, 2014, TUESDAY, 5:00 to 6:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Monica Griffith, MHN</td>
<td>X</td>
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<td>14</td>
<td>EFFECTIVE WORKPLACE COMMUNICATION</td>
<td>March 19, 2014, WEDNESDAY, 5:00 to 6:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Monica Griffith, MHN</td>
<td>X</td>
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<td>15</td>
<td>PHYSIOLOGY of STRESS</td>
<td>April 1, 2014, TUESDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
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**TEAMSTERS**  
**CSA Supervisors**  
**Teamsters (SPOM’s)**  
**# In Attendance for Final Workshop Event**  

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<td>16</td>
<td>SIT and FIT</td>
<td>April 10, 2014, THURSDAY, 5:00 to 6:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
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<td>17</td>
<td>ESTATE PLANNING: Why, What You Need to Know</td>
<td>May 16, 2014, FRIDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Andy Berleth, Association of Financial Educators/AFE</td>
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<tr>
<td>18</td>
<td>EFFECTIVE INTERVIEWING STRATEGIES</td>
<td>May 20, 2014, TUESDAY, 5:00 to 6:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Monica Griffith, MHN</td>
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<td>19</td>
<td>IT’S A WRAP with HUMOR</td>
<td>June 6, 2014, FRIDAY, 5:00 to 6:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Michele Mariscal, SIA/Schools Insurance Authority</td>
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<tr>
<td>19</td>
<td>ENHANCING PARENT ENGAGEMENT: Creating a welcoming environment for parents, building communication skills; working with parents as partners</td>
<td>June 12, 2014, THURSDAY, 12:00 to 1:00 p.m. at Serna Center, MINN/MICH Community Rooms</td>
<td>80</td>
<td>Cathy Morrison, Family Partnership Facilitator</td>
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