

Menu subject to change without notice.

**Sacramento City Unified School District
Preschool Menu: 10/3/2016 - 10/7/2016**

	Monday 10/3	Tuesday 10/4	Wednesday 10/5	Thursday 10/6	Friday 10/7
BREAKFAST	WG Blueberry Muffin Canned Applesauce Milk	WG Garlic Cheese Toast Fresh Banana Milk	Crispito (C) Fresh Pear Milk	Banana Loaf Fresh Sliced Apples Milk	Whole Grain Cereal Canned Fruit Mix Milk
LUNCH	Whole Muscle Chicken Tenders Lite Ranch Salad Dressing Green Beans Canned Peaches Milk	WG Chicken Tamale Canned Corn Fresh Sliced Apples Milk	Mandarin Orange Chicken Chow Mein Carrot Coins Fresh Banana Milk	Grilled Cheese Sandwich Chopped Romaine Salad Lite Ranch Salad Dressing Fresh Pear Milk	WG Popcorn Chicken Lite Ranch Salad Dressing Mashed Potatoes w/ Gravy Canned Pears Milk
SALAD BAR					
SNACK	Keebler Graham Crackers Strawberry Kiwi Juice 4oz	Heartzel Pretzel Fruit Punch Juice 4oz	Sliced Apples, Indiv Bag Yogurt	Annie's Bunny Honey Grahams Applesauce Strawberry Cup	Nature Valley Cinnamon Crisp Orange Smiles
Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts			D = Contains dairy V = Vegetarian food item S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.