RESOURCES

Gay Straight Alliances (GSA)

GSA's are student-run clubs which provide a safe place for students to meet, support each other, talk about issues related to sexual orientation and work to end homophobia. GSA's are offered at nearly all SCUSD high schools:

For information, contact the campus GSA or GSA Network at 415-552-4229 or www.gsanetwork.org.

Other Resources

Trevor 24-Hour Suicide Prevention Line 1-800-850-8078, www.thetrevorproject.org

Sacramento Crisis Line - 916-368-3111

PFLAG Sacramento (Parents & Friends of Lesbians and Gays) 916-978-0410, pflagsacramento.org

Sacramento Gay and Lesbian Center 916-442-0185, www.saccenter.org





INTEGRATED SUPPORT SERVICES 5735 47th Avenue Sacramento, CA 95824

Lawrence Shweky, Coordinator 916-643-9141 Nichole Wofford, Specialist

916-433-2983



LGBTQ* Support Services

*Lesbian, Gay, Bisexual, Transgender & Questioning



A project of the SCUSD Integrated Support Services Department

916-643-7997

CHALLENGES OPPORTUNITIES

Students who have same sex attractions, who are uncomfortable with their assigned gender, or who identify as lesbian, gay, bisexual or transgender, face enormous social pressures and challenges that affect their school success, health and well-being. As a result, LGBTQ youth are more vulnerable to such issues as school dropout, problematic behavior, academic failure and parental rejection.



In addition, LGBTQ youth may be more vulnerable to mental health problems such as depression, anxiety, substance abuse and suicide. Educators and other professionals also face challenges in providing support to LGBTQ youth, as it is difficult to find resources and know where to turn when questions arise, particularly in the complex environment of school.

SERVICES

Information Counseling Advocacy Referrals

All services are confidential and available to students, families, educators and other professionals



916-643-7997



Scrvices program offers students, families, school staff and community professionals a centralized source of information and support regarding issues facing LGBTQ students that attend SCUSD schools.

Services include information/referral, short-term counseling and advocacy. All calls are confidential and all services are provided free of charge.

SCUSD also convenes a monthly LGBT Task Force to address district-wide policy, program and training issues related to supporting LGBT students and families and creating a school environment that is welcoming and safe for all.