Sacramento City Unified School District

Jun 1, 2017 thru Jun 15, 2017

Base Menu Spreadsheet

K-8 Breakfast 2016-17

Portion Values - Detailed

Generated on: 5/31/2017 3:13:13 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 06/01/2017			
K-8 Breakfast 2016-17	Total	100	
Chocolate Chip Granola Bar	28g	60	18.0
Smoothie, Orange	1 cup	40	34.55
Cereal, assorted GM, elem.	1 bowlpack	40	22.0
Graham Cracker (Keebler)	each	35	17.0
Whole Fresh Fruit	1 each	55	11.98
Fruit, Canned, Assorted #2	1/2 cup	75	16.13
orange juice (suncup)	1 each	80	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			93.18
% of Calories			75.9%
Nutrient Guideline			

Fri - 06/02/2017			
K-8 Breakfast 2016-17	Total	100	
Muffin Square, Triple Berry	serving	40	56.0
Cereal, assorted GM, elem.	1 bowlpack	60	22.0
Graham Cracker (Keebler)	each	15	17.0
Whole Fresh Fruit	1 each	50	11.98
Fruit, Canned, Assorted #2	1/2 cup	50	16.13
orange juice (suncup)	1 each	70	13.0
Raisins, Seedless, Individuall	each	20	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			83.02
% of Calories			73.2%
Nutrient Guideline			

Mon - 06/05/2017			
K-8 Breakfast 2016-17	Total	100	
Sunrise Sandwich	1 each	100	15.1
Whole Fresh Fruit	1 each	50	11.98
Fruit, Canned, Assorted #2	1/2 cup	55	16.13
orange juice (suncup)	1 each	80	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			65.09
% of Calories			61.6%
Nutrient Guideline			

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Tue - 06/06/2017			
K-8 Breakfast 2016-17	Total	100	
Cereal, assorted GM, elem.	1 bowlpack	100	22.0
Graham Cracker (Keebler)	each	35	17.0
Whole Fresh Fruit	1 each	55	11.98
Fruit, Canned, Assorted #2	1/2 cup	75	16.13
orange juice (suncup)	1 each	70	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			80.46
% of Calories			78.7%
Nutrient Guideline			

Wed - 06/07/2017			
K-8 Breakfast 2016-17	Total	100	
Blueberry Muffin (Smart Choice	muffin	100	47.0
Whole Fresh Fruit	1 each	50	11.98
Fruit, Canned, Assorted #2	1/2 cup	60	16.13
orange juice (suncup)	1 each	80	13.0
Raisins, Seedless, Individuall	each	15	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			93.28
% of Calories			70.0%
Nutrient Guideline			

Thu - 06/08/2017			
K-8 Breakfast 2016-17	Total	100	
Cereal, assorted GM, elem.	1 bowlpack	100	22.0
Graham Cracker (Keebler)	each	55	17.0
Whole Fresh Fruit	1 each	55	11.98
Fruit, Canned, Assorted #2	1/2 cup	75	16.13
orange juice (suncup)	1 each	70	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			83.86
% of Calories			78.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 06/09/2017			
K-8 Breakfast 2016-17	Total	100	
Breakfast Pizza, Turkey Sausag	1 each	100	26.0
Whole Fresh Fruit	1 each	50	11.98
Fruit, Canned, Assorted #2	1/2 cup	50	16.13
orange juice (suncup)	1 each	70	13.0
Raisins, Seedless, Individuall	each	20	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			70.87
% of Calories			62.1%
Nutrient Guideline			

Mon - 06/12/2017			
K-8 Breakfast 2016-17	Total	100	
Mini Cinnis (Pillsbury)	1 each	100	39.95
Whole Fresh Fruit	1 each	60	11.98
Fruit, Canned, Assorted #2	1/2 cup	60	16.13
orange juice (suncup)	1 each	80	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			91.94
% of Calories			71.5%
Nutrient Guideline			

Tue - 06/13/2017			
K-8 Breakfast 2016-17	Total	100	
Cereal, assorted GM, elem.	1 bowlpack	100	22.0
Graham Cracker (Keebler)	each	45	17.0
Whole Fresh Fruit	1 each	55	11.98
Fruit, Canned, Assorted #2	1/2 cup	75	16.13
orange juice (suncup)	1 each	70	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			82.16
% of Calories			78.6%
Nutrient Guideline			

Wed - 06/14/2017			
K-8 Breakfast 2016-17	Total	100	
Yogurt and Cereal Bar	1 Each	100	49.0
Whole Fresh Fruit	1 each	55	11.98
Fruit, Canned, Assorted #2	1/2 cup	75	16.13
orange juice (suncup)	1 each	70	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			101.51
% of Calories			78.7%
Nutrient Guideline			

Thu - 06/15/2017			
K-8 Breakfast 2016-17	Total	100	
Cereal, assorted GM, elem.	1 bowlpack	100	22.0
Graham Cracker (Keebler)	1 each	55	17.0
Whole Fresh Fruit	1 each	55	11.98
Fruit, Canned, Assorted #2	1/2 cup	75	16.13
orange juice (suncup)	1 each	60	13.0
Raisins, Seedless, Individuall	each	30	30.09
Milk 1% White	carton	90	16.0
Milk Non Fat White	carton	10	13.0
Weighted Daily Average			82.56
% of Calories			78.4%
Nutrient Guideline			

Weighted Average			84.36
			73.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	84.36	73.32%						

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