

This is the way I brush my teeth...

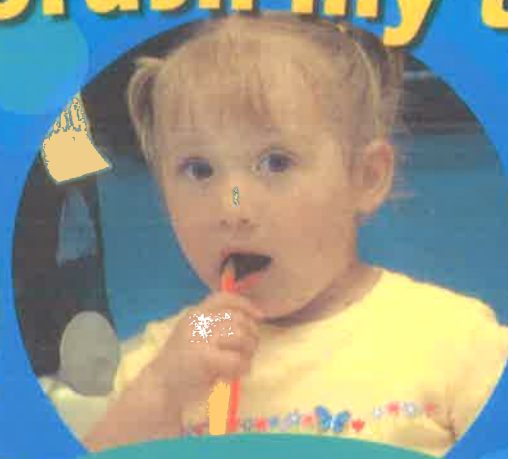


1 Apply toothpaste

Use egg timer to brush 2-3 minutes



2 Brush front teeth



3 Brush back teeth, cheeks & tongue



4 Rinse mouth

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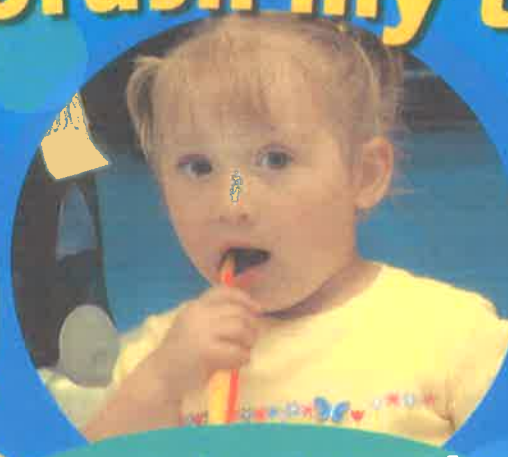


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