

# Sacramento City USD

## Board Policy

BP 3550

### **Business and Noninstructional Operations**

#### Food Service/Child Nutrition Program

The Governing Board recognizes that students need adequate, nourishing food in order to grow, learn and maintain good health. To reinforce the district's nutrition education program, foods available on school premises shall be:

1. Carefully selected so as to contribute to students' nutritional well-being and the prevention of disease
2. Prepared in ways which will appeal to students, retain nutritive quality, and foster healthful eating habits
3. Served in age-appropriate quantities and at reasonable prices

(cf. 3553 - Free and Reduced-Price Meals)

(cf. 3554 - Other Food Sales)

(cf. 6142.8 - Comprehensive Health Education)

4. Efforts shall be made to provide students with space to eat meals in pleasant surroundings as well as time to eat, relax and socialize.
5. Contingent upon state funding being appropriated and no later than January 1, 2004, food sold at elementary and middle schools shall adhere to the nutritional standards specified in Education Code 49431. Foods sold at elementary and middle schools shall be made available only during prescribed times. (Education Code 49431)

The Superintendent or designee shall ensure that the meals offered by the district's food service program meet the nutritional standards and dietary guidelines required for participation in the National School Lunch and School Breakfast Programs.

The Superintendent or designee shall establish procedures whereby students and parents/guardians may participate in the selection of foods of good nutritional quality for school menus. Parents/guardians are encouraged to also consider nutritional quality and support the district's nutrition education efforts when selecting any snacks which they may donate for occasional class parties.

To the extent permitted under the National School Lunch and School Breakfast Programs, students in all grades shall be allowed to decline parts of their meal which they

do not intend to consume.

The Board may establish a Child Nutrition and Physical Activity Advisory Committee to recommend school district policies on nutrition and physical activity for recommendation to and approval by the Board. (Education Code 49433)

(cf. 1220 - Citizen Advisory Committees)

Legal Reference:

EDUCATION CODE

38080-38103 Cafeteria, establishment and use  
45103.5 Contracts for management consulting services; restrictions  
49430-49436 Pupil Nutrition, Health, and Achievement Act of 2001  
49490-49493 School breakfast and lunch programs  
49500-49505 School meals  
49510-49520 Nutrition  
49530-49536 Child Nutrition Act  
49540-49546 Child care food program  
49547-49548.3 Comprehensive nutrition services  
49550-49560 Meals for needy students  
49570 National School Lunch Act

HEALTH AND SAFETY CODE

113700-114455 California Uniform Retail Food Facilities Law

CODE OF REGULATIONS, TITLE 5

15500-15501 Food sales by student organizations  
15510 Mandatory meals for needy students  
15530-15535 Nutrition education  
15550-15565 School lunch and breakfast programs  
15566-15568 California Fresh Start Pilot Program

UNITED STATES CODE, TITLE 42

1751-1769 School lunch programs  
1771-1791 Child nutrition, especially:

1773 School breakfast program

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program  
220.1-220.21 National School Breakfast Program

Management Resources:

CSBA PUBLICATIONS

Healthy Food Policy Resource Guide, 2003

CDC PUBLICATIONS

School Health Index for Physical Activity and Healthy Eating: A Self-Assessment and Planning Guide for Elementary and Middle/High Schools, 2000

NASBE PUBLICATIONS

Fit, Healthy and Ready to Learn, 2000

## USDA PUBLICATIONS

Team Nutrition, Food and Nutrition Services, Changing the Scene, Improving the School Nutrition Environment: A Guide to Local Action, 2000

## WEB SITES

CSBA: <http://www.csba.org>

American School Food Service Association (ASFSA): <http://www.asfsa.org>

CDE, Nutrition Services Division/ SHAPE California: <http://www.cde.ca.gov/nsd>

CDHS, School Health Connections: <http://www.mch.dhs.ca.gov/programs/shc/shc.htm>

California Project LEAN (Leaders Encouraging Activity and Nutrition):

<http://www.californiaprojectlean.org>

California Healthy Kids Resource Center: <http://www.californiahealthykids.org>

National School Boards Association: <http://www.schoolhealth@nsba.org>

National Association of State Boards of Education (NASBE):

<http://www.boards@nasbe.org>

U.S. Dept. of Agriculture, Food and Nutrition Information Center (FNIC):

<http://www.nal.usda.gov/fnic>

Centers for Disease Control and Prevention: <http://www.cdc.gov>

Policy SACRAMENTO CITY UNIFIED SCHOOL DISTRICT

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