

# Sacramento City USD

## Administrative Regulation

### Family Life/Sex Education

AR 6142.1

#### Instruction

The district family life/sex education program shall encourage students to be abstinent and to conceptualize sexual behavior in the ethical and moral context of marriage. The program shall be age-appropriate and shall address a full range of topics, including parenting and birth control, and shall emphasize that abstinence from sex is the only totally effective protection against unwanted pregnancy, sexually transmitted diseases and sexually transmitted AIDS. All courses that discuss sexual intercourse shall satisfy the criteria established by law. (Education Code 51553)

At the secondary level, the family life/sex education program shall be placed in a course that is required for all students.

Teachers who provide instruction in family life/sex education shall have professional preparation, either preservice or inservice, in the subject area.

#### Evaluation

The Superintendent shall ensure that family life/sex education materials and instruction are continuously evaluated in light of information received from students, parents/guardians, and teachers. Such information can indicate what students did or did not learn, whether the program was workable for the teachers, and how it can be improved.

#### Advisory Committee/Coordinator

A Family Life/Sex Education Advisory Committee representing a divergence of viewpoints may participate in planning, implementing and evaluating the district's family life/sex education program. Under the direction of a family life/sex education program coordinator, the committee shall identify the grade levels and courses in which family life/sex education will be offered. Available sex education materials and curriculum components shall then be identified and collected for review and evaluation by the committee. The program coordinator shall verify that all materials are consistent with related district policy.

(cf. 1220 - Citizen Advisory Committees)

(cf. 5145.1 - Privacy)

The Governing Board shall approve the advisory committee's recommendations prior to implementation.

## Parent/Guardian Notification and Involvement

Parents/guardians shall be notified in writing before students are offered any instruction in which human reproductive organs and their functions, processes, or diseases are described, illustrated, or discussed. This notification shall inform parents/guardians that they may request in writing that their child not attend the class. No student shall attend such instruction if the school receives this request. (Education Code 51550, 51820) At the parent/guardian's request, any student may be excused from any part of family life/sex education instruction. (Education Code 51240)

(cf. 6144 - Controversial Issues)

The notifications specified above shall be either mailed to all parents/guardians or sent home with all students at the beginning of each school year. If notice is sent home with the students, parents/guardians shall be asked to sign and return to the school a slip indicating that they have read the notification. If slips are not returned, parental approval shall be confirmed by telephone.

All materials used for the above instruction shall be available for inspection by parents/guardians at reasonable times and places prior to the onset of instruction. The above notification shall inform parents/guardians of their right to inspect these materials. (Education Code 51550, 51820)

(cf. 1312.2 - Complaints Concerning Instructional Materials)

At elementary schools, a parent-child viewing of materials shall be provided for parents/guardians who wish to conduct their own discussions with their children.

Regulation SACRAMENTO CITY UNIFIED SCHOOL DISTRICT  
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