

Sacramento City USD

Administrative Regulation

AR 3554

Business and Noninstructional Operations

Other Food Sales

Effective July 1, 2004, the Superintendent or designee shall ensure that all beverage and food sales held by school-related groups, including but not limited to students, teachers, parents/guardians and booster groups, at least one-half hour before school begins until one-half hour after school ends--shall be in compliance with state and federal regulations and the nutrition standards set forth by Administrative Regulations 3554. This includes but is not limited to the student stores, al-la-carte sales, snack bars, fundraisers, and vending machines.

Such food sales shall not impair student participation in the district's food service program. The sale of foods during meal periods in food service areas shall be allowed only if all income from the sale, including the sale of approved foods or drinks from vending machines, accrues to the benefit of the school, the school food service program, or the student organization(s) sponsoring the sale. (7 CFR 210.11, 220.12)

The Child Nutrition and Physical Activity Advisory Committee (CNPAAC) will annually review district nutritional standards; update the list of pre-approved foods and beverages; and provide the approved list to schools.

(cf. 1230 - School-Connected Organizations)

(cf. 1321 - Solicitation of Funds from and by Students)

(cf. 3550 - Food Service/Child Nutrition Program)

Elementary School Nutritional Standards

Elementary school nutritional standards are as follows:

1. Promote fruit and vegetables and make them available at all locations where food is sold.
2. Sell foods that meet the following standards for fat and sugar:
 - a. Total calories from fat shall not exceed 35 percent per food item, excluding nuts or seeds
 - b. Total calories from fat shall not to exceed 10 percent per food item
 - c. Total sugar by weight shall not exceed 35 percent per food item, excluding fruits or

vegetables

3. Ensure that portion sizes of entrees and side dishes offered for sale meet National School Lunch and School Breakfast guidelines.

4. The approved list of beverages sold at schools include:

a. Water

b. Milk--Not to exceed 1% fat except in special childcare programs.

c. Fruit and Vegetable Juice

(1) 50%-100% strength fruit and/or vegetable juice

(2) Not to exceed 12-ounce servings

(3) No added sweetener

Elementary School Fundraising

An elementary school may permit the sale of food and beverage items that do not meet the standards recommended above only if the items are sold by students of the school and the sale of food items takes place off school premises or takes place at least one-half hour before the beginning of the school day and/or one-half hour after the end of the school day. (Education Code 49431)

In addition, up to a maximum of four days per school per year, an elementary school may designate organizations to conduct the sale of any food and beverage items that do not meet the standards recommended above. (5CCR 15500)

Middle School Nutritional Standards

Middle school nutritional standards are as follows:

1. Promote fruit and vegetables and make them available at all locations where food is sold.

2. Sell foods that meet the following standards for fat and sugar:

a. Total calories from fat shall not exceed 35 percent per food item, excluding nuts or seeds

b. Total calories from fat shall not to exceed 10 percent per food item

c. Total sugar by weight shall not exceed 35 percent per food item, excluding fruits or

vegetables

3. Ensure that portion sizes of entrees and side dishes offered for sale meet National School Lunch and School Breakfast guidelines.

4. The approved list of beverages sold at schools include:

a. Water

b. Milk--Not to exceed 1% fat except in special childcare programs.

c. Fruit and Vegetable Juice

(1) 50%-100% strength fruit and/or vegetable juice

(2) Not to exceed 12-ounce servings

(3) No added sweetener

d. Electrolyte replacement beverages shall also meet these nutritional standards:

(1) Not to exceed 42 grams of added sweetener per 20-ounce serving

(2) Not to exceed 20-ounce servings

Middle School Fundraising

A middle school may permit the sale of food and beverage items that do not meet the standards recommended above if the sale occurs during a school-sponsored event and takes place at the location of the event at least one-half hour before the beginning of the school day and/or one-half hour after the end of the school day.

A middle school may permit the sale of food and beverage items in vending machines, student stores, cafeterias and other venues that do not meet the standards above if the sale occurs at least one-half hour before the beginning of the school day and/or one-half hour after the end of the school day. (Education Code 49431)

In the middle schools, only one organization each school day may sell no more than three types of food or beverage items that do not meet the above nutritional standards from one-half hour before school begins until one-half hour after school ends. In addition, up to four days during the school year may be designated on which organizations may conduct the sale of any food and beverage items. (5 CCR 15501)

High School Nutritional Standards

High school nutritional standards are as follows:

1. Promote fruit and vegetables and make them available at all locations where food is sold.
2. Sell foods that meet the following standards for fat and sugar:
 - a. Total calories from fat shall not exceed 35 percent per food item, excluding nuts or seeds
 - b. Total calories from fat shall not to exceed 10 percent per food item
 - c. Total sugar by weight shall not exceed 35 percent per food item, excluding fruits or vegetables
3. Ensure that portion sizes of entrees and side dishes offered for sale meet National School Lunch and School Breakfast guidelines.
4. The approved list of beverages sold at schools include:
 - a. Water
 - b. Milk--Not to exceed 1% fat except in special childcare programs.
 - c. Fruit & Vegetable Juice
 - (1) 50%-100% strength fruit and/or vegetable juice
 - (2) Not to exceed 12-ounce servings
 - (3) No added sweetener
 - d. Electrolyte replacement beverages shall also meet these nutritional standards:
 - (1) Not to exceed 42 grams of added sweetener per 20-ounce serving
 - (2) Not to exceed 20-ounce servings

All high schools will be required to incrementally reduce the amount of foods and beverages that do not meet the above nutritional standards sold from one-half hour before the school day begins until one-half hour after the school day ends by 40% each year over a period of 2 years. At the end of two years, 80% of the foods and beverages sold will comply with the High School Nutritional Standards.

High School Fundraising

A high school may permit the sale of food and beverage items that do not meet the above

standards if the sale occurs during a school-sponsored event and takes place at the location of the event at least one-half hour before the beginning of the school day and/or one-half hour after the end of the school day.

A high school may permit the sale of food and beverage items in vending machines, student stores, cafeterias and other venues that do not meet the above standards if the sale occurs at least one-half hour before the beginning of the school day and/or one-half hour after the end of the school day. (Education Code 49431)

In high schools, only one organization each school day may sell no more than three types of food or beverage items that do not meet the above nutritional standards from one-half hour before school begins until one-half hour after school ends. In addition, up to four days during the school year may be designated on which any number of organizations may conduct the sale of any food and beverage items. (5 CCR 15501)

Regulation SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
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