New Healthy Food Rules for ALL School Fundraising and Food Sales

- New federal and state regulations will require that ALL food and beverages sold to students on a school campus meet certain nutritional standards.

- **These regulations effectively ban on-campus sales to students of such foods and beverages as candy, cookies, cookie dough, cupcakes, doughnuts, soda, energy drinks and other such snacks.**

- Food that is permissible to sell must meet certain nutritional requirements (e.g. no trans fats, low sodium, whole grains only, limited sugar content, etc.)

- The regulations define sold as: “The exchange of food for money, coupons, vouchers or order forms on a school campus.”

- The regulations go into effect July 1.

- These regulations are meant to improve the health of children and teach them a lifelong lesson about the importance of good nutrition.

- Failure to comply could result in the federal government withholding reimbursement for the cost of our lunch program.

- SCUSD’s Nutrition Services is scheduled to be reviewed by the federal government next year.

- **APPLIES TO:**
  - All foods sold to students before school, during school and through one-half hour after any after-school program ends.
  - All foods sold from a student store.
  - All foods sold to students for the purpose of fundraising.
  - Any fundraising that involves food sales (i.e. cookie dough) where order forms and money exchange occurs on campus by students.

- **DOES NOT APPLY TO:**
  - These regulations DO NOT apply to food sold to adults.
  - These regulations DO NOT apply to food sold and exchanged off campus.
  - These regulations DO NOT apply to children’s lunches and snacks brought from home.
  - These regulations DO NOT apply to food shared at holiday parties, potlucks and birthday parties.
  - These regulations DO NOT apply to food sold at events, including sporting events, held at night or on the weekends.

- There are many **opportunities for fundraising** that do not include food that falls under these regulations. For a few of these options, check out www.scusd.edu/HealthyFundraisers.

- **Questions?** Visit [www.scusd.edu/nutrition-services](http://www.scusd.edu/nutrition-services) (Please note that California’s regulations are stricter than USDA’s.)

SCUSD Healthy Food Task Force