



Measles (*Rubeola*)

Date:

Dear Parent/Guardian:

A student in your child's classroom has been reported as having Measles. There is a possibility that your child may contract this disease. Two doses of the Measles, Mumps and Rubella (MMR) vaccine are required for school enrollment. For pupils who are properly immunized, the risk of contracting measles is small.

It is advisable that you watch your child for possible early symptoms of measles. Measles is a highly contagious disease. The measles virus is spread by respiratory secretions through coughing, sneezing, and talking. Measles ordinarily develops within 7-18 days after exposure. Symptoms start with fever, runny nose, cough, reddened and watery eyes, and sometimes sensitivity to light. About 3-5 days after the start of symptoms, a brownish-pink rash appears, starting around the ears, face, neck and then progressing to the body.

Should any of the above symptoms appear, call and consult with your physician. In order to guard the health of your child and others, keep your child home for 4 days after the appearance of the rash. Report the illness to the principal.

Your child may return to school when your physician provides a written clearance which states your child is well and can attend school.

Thank you for your cooperation in this matter.

Child Development Preschool Nurses

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