

Sacramento City Unified School District
Board of Education Meeting

January 18, 2024

Written Public Comments

Name:	Doris A Duangboudda
School:	Alice Birney TK-8
Agenda Item #	7.0
Comment:	<p>Dear SCUSD Board of Education,</p> <p>My two children attend Alice Birney TK – 8 Public Waldorf School. I am writing to address my concerns about any potential shifts in COVID policy in our school district.</p> <p>Perhaps you have heard that Oakland and San Diego’s school districts are allowing COVID positive students and staff on school grounds. This is a dangerous shift, one that we absolutely cannot employ in our community.</p> <p>COVID-19 is the fourth leading causes of death, and it has contributed to other leading causes. It has the potential to damage vital organs, the brain and nervous system, the cardiovascular system, and the immune system. It can cause long COVID, for which there is no cure. The damage caused by infections is cumulative, and those with multiple re-infections are more at risk for long-term illness. I include some sources below, but at this point, there are thousands of studies showing COVID’s many dangers. There is zero evidence that COVID is good or safe to catch.</p> <p>My understanding is that this policy shift has happened in those districts because of California’s school funding policy based on average daily attendance. If that is so, my guess is that we are at risk for succumbing to these desperate measures. The district should instead push for an immediate pause on that policy. Sick students and staff should not be on campus. Students should not be punished for being absent from school due to illness. Our current school district policies are already not effective enough in preventing the spread of COVID, and we do not need to devolve to a more hazardous way of being. Please push our school district to pioneer a new and better way forward.</p> <p>Sincerely, Doris Duangboudda</p> <p>Here are some links, but again, at this point there are thousands of studies showing COVID’s dangers:</p>

On heart attacks:

<https://www.cedars-sinai.org/newsroom/covid-19-surges-linked-to-spike-in-heart-attacks/>

On brain damage:

<https://time.com/6294762/how-covid-19-affects-brain-memory/>

Immune system damage:

<https://www.cbsnews.com/news/covid-immune-damage-study/>

Damage to vital organs:

<https://scitechdaily.com/mitochondrial-meltdown-researchers-unveil-covid-19s-hidden-attack-on-vital-organs/>

On long COVID:

<https://www.nature.com/articles/s41577-023-00904-7>

On the dangers of reinfections:

<https://www.nature.com/articles/s41591-022-02051-3>

Risks of increased coronary events:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9839603/>

Long-term cardiovascular dangers:

<https://www.nature.com/articles/s41591-022-01689-3>

Cognitive impairment:

https://www.frontiersin.org/articles/10.3389/fneur.2023.1239182/full?utm_source=F-NTF&utm_medium=EMLX&utm_campaign=PRD_FEOPS_20170000_ARTICLE

Blood clots:

<https://www.npr.org/2022/01/09/1071706533/the-role-of-tiny-blood-clots-in-long-covid>

Brain issues:

<https://www.science.org/content/article/could-fused-neurons-explain-covid-19-s-brain-fog>

Increase in fungal infections:

<https://www.cdc.gov/fungal/covid-fungal.html>

Tachycardia:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10065129/>

Kidney disease:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9955527/>

Liver disease:

<https://www.cureus.com/articles/143672-the-spectrum-of-covid-19-induced-liver-injury-in-various-age-and-risk-groups#!/>

Hypertension:

<https://www.ahajournals.org/doi/abs/10.1161/HYPERTENSIONAHA.123.21174>

Long COVID can happen even in vaccinated people:

<https://www.medrxiv.org/content/10.1101/2023.08.06.23293706v1>

And lastly, the effects of COVID on a developing fetus is heinous and tragic:

<https://www.sciencedirect.com/science/article/pii/S0889159123001599>

<https://www.livescience.com/in-rare-cases-covid-19-infection-in-pregnancy-can-cause-brain-damage-to-fetuses>

<https://www.contemporaryobgyn.net/view/covid-19-infection-associated-with-fetal-demise>