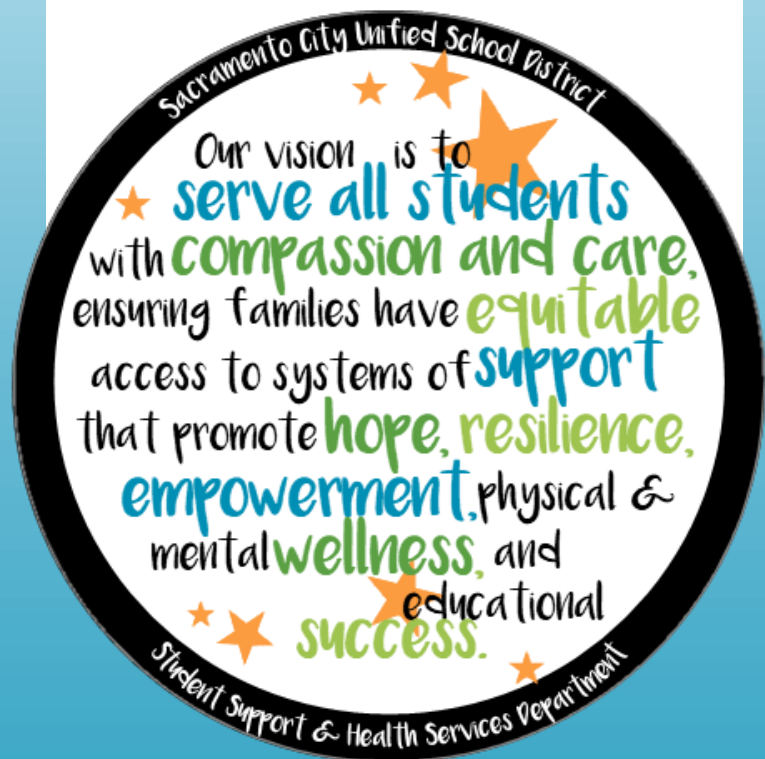


Serving Students with Compassion & Care

2017-18 Annual Report

Student Support & Health Services Department,
Sacramento City Unified School District



From the Director

For our students to be successful academically, they must be present and healthy to engage in learning. When students are in need of support – whether academic, behavioral, emotional, or social – meeting these needs through our quick and careful response is critical. SCUSD Student Support & Health Services department (SSHS) provides a staff of well-trained, caring, committed, and highly effective professionals who work collaboratively to engage and assist students, their families, and the staff who serve them.

During the 2017-2018 school year we warmly welcomed our new Superintendent, Jorge A. Aguilar, who brings to SCUSD a vision of Equity, Access and Social Justice. Our department continued to grow, developing new Student Support Centers at four school campuses, and during a district reorganization adding Foster Youth Services to our department family. With the growth of our department, our capacity to cross-collaborate between divisions to support and serve our district students and families continues to expand.

Our communities were particularly impacted this year by community violence, trauma, and an increase in mental health crisis, as evidenced by the following:

- 79% increase in situations requiring response by the Mental Health Crisis Response Team;
- 74% increase in suicide risk assessments completed by SSHS staff.

We are dedicated to working with our local community partners and government agencies to meet the need for mental health interventions. As we begin the 2018-19 school year we will be releasing our Health Needs Assessment, which will guide our work in achieving equity and access for all our students and families.

To this end, this report is a reflection of our core values around equity, and an effort to:

1. Use our voice to help tell the story of our students;
2. Identify needs and gaps in service so that they may be addressed; and
3. Maintain transparency and accountability for our resources and services with all stakeholders.

We are privileged to serve the diverse students, families, staff, and community members of SCUSD, and proud to present this representation of and reflection on our work this year. Most of all, we anticipate the year ahead, full of opportunities to help improve outcomes for thousands of children.



Victoria Flores, MSW, PPSC
Director III, Student Support & Health Services

Table of Contents

Contents

From the Director	1
Table of Contents	2
Part One: Service to Students	3
Services at a Glance	3
Services in Detail	5
504 Coordination	5
Foster Youth Services	5
Health Services	6
Support Services	10
Part Two: Training and Professional Development	12
Part Three: Grants and Research	13
Part Four: Collaboration and Partnerships	15
Part Five: Staffing and Budget	16
Part Six: Looking Ahead	19
SCUSD Board and Staff	21



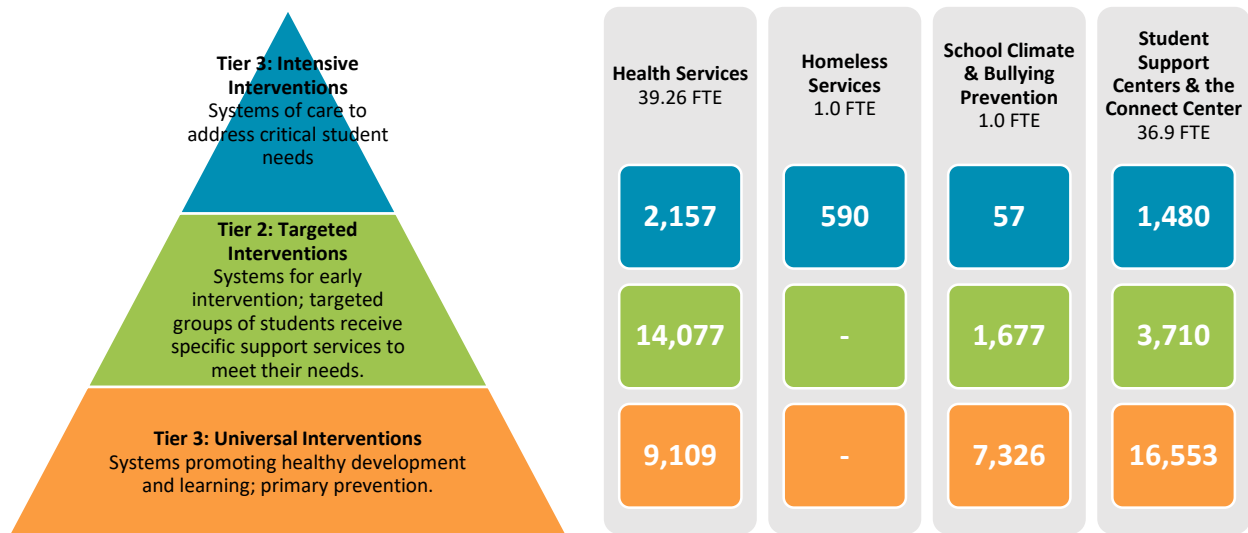
SSHS Staff Retreat, August 2017

Part One: Service to Students

The well-being of SCUSD students is not only our greatest concern and motivator, but also one of the best indicators of their potential academic and lifelong success. In an effort to support students and their families in achieving the best possible outcomes, we provide a wide range of evidence-based services and responsive programs.

Services at a Glance

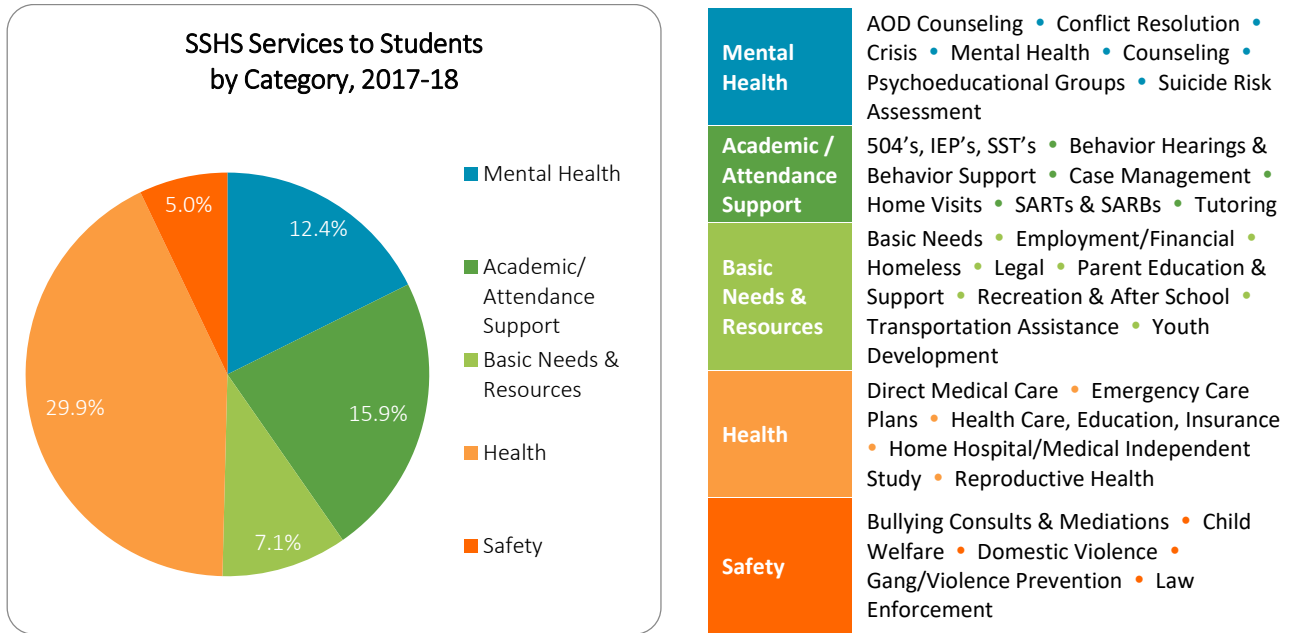
The figures below represent an unduplicated count of students served by program, with the exception of Health Services data. While Foster Youth Services data is not represented here, we look forward to including it in next year's report.



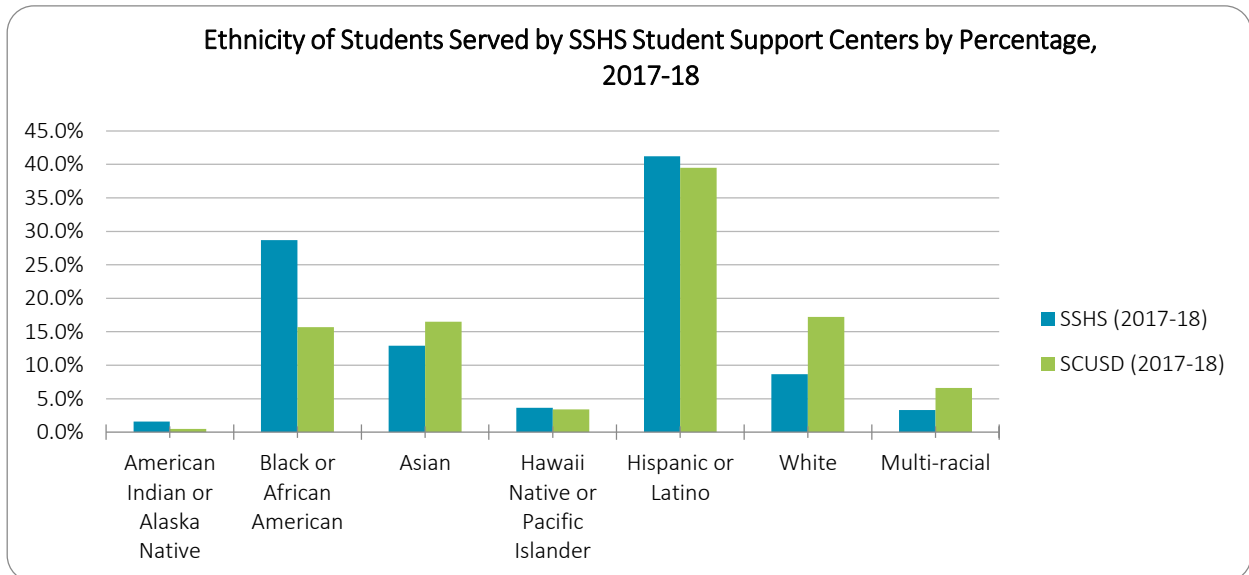
Services by Tier Level

Tier 1: Universal Interventions	Tier 2: Strategic Interventions	Tier 3: Intensive Interventions
<ul style="list-style-type: none"> Assemblies • Challenge Days • Dental, Hearing, Vision Screening • Family Nights • Food Distributions • Health & Career Fairs • Hygiene Lessons • Immunization Clinics • Literacy Events • Mental Health Awareness Campaigns • Multicultural Celebrations • School Uniform & Supply Distributions • School-wide Curricula Implementation 	<ul style="list-style-type: none"> 504s/IEPs/SARTs/SSTs • Academic & Attendance Supports • Basic Needs • Behavior Support • Case Management • Chronic Illness Care • Conflict Resolution • Employment/Financial Help • Formal Assessments • Gang/Violence Prevention • Health Care, Education & Insurance • Home Visits • Legal Aid • Mentoring • Parent Education/Support • Psychoeducational Groups • Recreation/After School • Transportation Assistance 	<ul style="list-style-type: none"> AOD Counseling • Behavior Hearing • Child Welfare • Crisis • Daily Direct Medical Care • Domestic Violence • Emergency Care Plans • Home Hospital/Medical Independent Study • Homeless Services • Law Enforcement • Mental Health Counseling • Reproductive Health • SARB • Suicide Risk Assessment

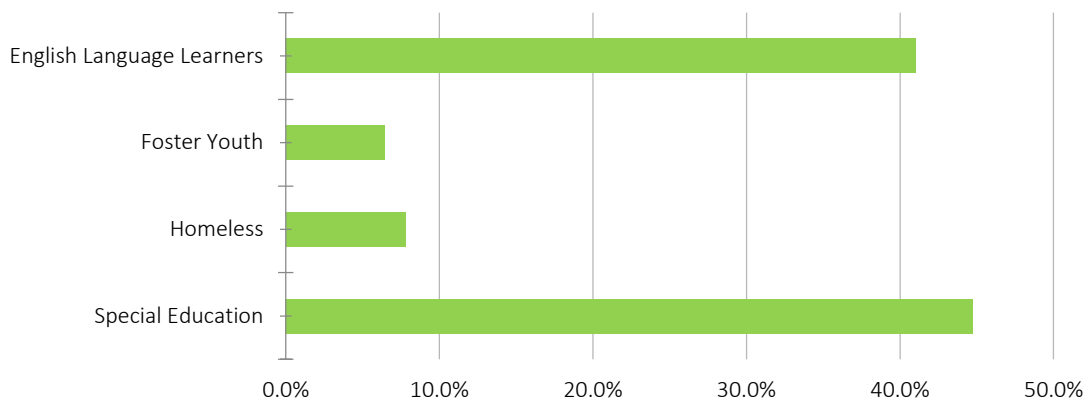
Many of the students and families in our district are facing complex challenges that require a careful combination of multiple services. Students often receive several services across categories.



Understanding who we are serving is of great importance so that we can ensure that services are effective, culturally-appropriate, and relevant. It also helps to see potential gaps and to better coordinate with community partners who provide targeted services to specific populations. The ethnicity and vulnerable populations data charts below represent services provided to students only through SSHS Student Support Centers, as other SSHS programs do not collect this demographic data at this time.



Vulnerable Populations as Percent of Students Served by SSHS Student Support Centers, 2017-18



Services in Detail

504 Coordination

Section 504 of the Rehabilitation Act of 1973 is a federal law that protects qualified individuals from discrimination based on their disability. The SSHS Director serves as the district coordinator who is responsible for monitoring and implementing the district’s compliance with state and federal laws prohibiting disability discrimination. The major responsibilities are (1) to prevent discrimination against students on the basis of disability; and (2) to ensure compliance with all procedures and procedural safeguards required under Section 504. *This year 685 students had an active 504 Accommodation Plan documented in Infinite Campus.*

Foster Youth Services

Foster Youth Services (FYS) is a group of school professionals that are experts in the educational and social service systems. Established in 1973, the FYS program is designed to serve the unique educational, social and emotional needs of children in foster care by building assets to support resilience and success. *Foster Youth Services supported 200+ students during the 2017-2018 school year through a variety of services including school placement/re-entry meetings, case management, academic counseling, college and career readiness, tutoring, mentoring, school site support, school site meetings (SST, IEP, 504), Child Family Team Meetings and county child welfare meetings.*

- **Commercial Sexual Exploitation of Children (CSEC):**

Students who have been victims of Commercial Sexual Exploitation (CSE) face additional challenges in the school setting. Our work is informed by survivor and youth voice with the goal of providing prevention and intervention services so that no student falls through the cracks. Using trauma informed practices, all at-risk or identified CSEC students within SCUSD have access to the following supports:

- Advocacy
- Case Management
- Crisis Assessment
- Mentoring
- Peer Mentoring
- Referrals to community providers
- Safety Planning
- School-based support services
- School Re-Entry Support
- Small Group Sessions
- Training

Students Together Reducing Exploitation and Trafficking (S.T.R.E.A.T.) Team is a leadership development and social justice advocacy group led by both CSEC survivors, teens and young adult allies. Our goal is to reduce, inform and prevent child sexual exploitation. S.T.R.E.A.T. Team has chapters throughout our K-12 sites.

- **Tobacco Use Prevention Education (TUPE):**

Our goal is to equip all SCUSD students, with an intentional focus on grades 6th – 12th, with a better understanding of the danger of tobacco use and the impact on themselves and the community. Through our collaboration with the following partners: Always Knocking, Inc., Earth Mama Healing, Inc., People Reaching Out (PRO), La Familia Counseling Center, Center for Multicultural Cooperation California (CMCC), Sacramento County Office of Education (SCOE) and Kaiser, SCUSD students have the opportunity to engage in fun and exciting activities both on their sites and within their communities. Services include, but are not limited to:

- Brief Intervention Services
- Cessation Services
- Community engagement opportunities
- Girls Empowered
- Minnesota Smoking Prevention Program
- Tobacco-prevention related activities and special events

Students have the opportunity to participate in meaningful, social gatherings with peers to actively engage and/or give feedback on school site initiatives around tobacco, drug and alcohol usage. Some of the various clubs and events include:

- Club Live
- Community Service
- Don't Buy the Lie
- Friday Night Live
- Go B'Nanas
- Hackademy Awards
- Nightmare on Nicotine Street
- Red Ribbon Week
- Youth Tobacco Advisory Council

Health Services

Health Services provides both mandatory and non-mandated school health programs which assist students, families and the community to reach optimal physical, mental and social health in order to succeed in school and in life. Health Services operates several critical district-wide programs, including:

- **Automated External Defibrillators (AEDs):**

In Spring of 2018 SCUSD began re-instating AEDs at our school sites. *All 5 comprehensive high schools and 3 other schools received AEDs this spring, totaling 43 AEDs at school sites.* Health Services will continue implementing AEDs at all school sites throughout the 2018-19 school year.

- Communicable Disease:**
As students are identified with communicable diseases, Health Services Lead School Nurse coordinates the communication between schools, district staff, medical providers, Sacramento County Health Department and families on the appropriate response for keeping our students healthy. *41 incidences of communicable disease within schools were managed and mitigated this year. Board Policy 5141.33 Head Lice was also revised to reflect current science and practices for treating head lice in schools, focusing on practices that keep students in school while supporting families with treatment guidance.*
- Direct Medical Care:**
Students with serious health conditions, such as diabetes and epilepsy, frequently require 1:1 medical care given their age and/or developmental level. Health Services staff and/or contracted staff provide daily care and oversight to students, as outlined in a 504 Accommodation Plan. *This year, 48 students received this intensive, direct medical care each day.*
- District Wellness Committee (DWC):**
The DWC works to promote health and wellness in educational settings. Co-facilitated by SSSH, along with the SCUSD Director of Nutrition Services, and local partner Valley Vision, the DWC is comprised of school site and district staff, parents and community partners. *During fall 2017 the DWC successfully revised Board Policy 5030 Student Wellness, which highlights current federal and state mandates regarding nutrition and physical activity, including regulatory language about the use and sale of outside foods on campus. This policy also prohibits the revocation of recess or physical education for punishment. The DWC is working toward ensuring full implementation of the policy revisions and developing administrative regulations in the 2018-19 school year.*
- Emergency Care Plans:**
Each year Emergency Care Plans are developed and/or updated for students with an identified health need that requires coordination, care and/or awareness, such as diabetes, seizure disorders, severe asthma and anaphylactic allergy. The plans outline symptoms and interventions to be taken in the case of a medical emergency. *This year 13,678 students had an identified health condition, and emergency care plans were developed for 2,074 of those students.*
- Employee TB Clinic:**
In partnership with Human Resources, school nurses staffed *four employee TB Clinics during 2017-18 resulting in 56 staff screened.*
- Football Game Ambulance Coverage:**
Ambulance coverage is required for all high school football home games. SSSH coordinates the service agreement and scheduling of ambulance coverage for each game, ensuring our athletes remain safe and healthy. *In 2017-18 ambulance coverage was provided for 49 home games.*
- Health Needs Assessment:**
With funding from the California Endowment, and in partnership with LPC Consulting, a *workshop was hosted in February of 2018 to inform stakeholders about conducting a health needs*

assessment of district schools. The purpose of the health needs assessment is to inform the district and local health agencies of the need for and prioritization of school-based health centers at our schools. Workshop participants included local health experts who hold knowledge of Sacramento's healthcare community, and the factors influencing health access and well-being. Participants provided input on health needs indicators used to inform the needs assessment. The Student-Based Health Center Needs Assessment report will be released in Summer 2018.

- **Hiram Johnson Wellspace School-based Health Clinic:**

In mid-September of 2016 the school-based health clinic began serving students at Hiram Johnson High School, providing medical and dental care. The Wellspace Clinic Coordinator and the SSSH School Nurse assigned to Hiram Johnson work closely to facilitate student access to the clinic during school hours. *This year the clinic provided 123 medical services, 76 dental services, 40 referrals to outside agencies, 30 health navigation and access supports, and 73 free sports physicals.*

- **Hospital Teachers:**

Maintaining educational services within the hospital provides a sense of normalcy for students during illness recovery (Ed Code 48206.3). As such, SSSH provides educational services to students hospitalized at UC Davis Health Systems, Sutter Hospital and Sutter Center for Psychiatry. During the school year, each facility has a full-time teacher assigned to serve students residing in their care. Average Daily Attendance funding is collected on students who enroll in the program.

- **Home Hospital/Medical Independent Study:**

When general education students experience a temporary disability that prevents them from attending school, two options are available to meet student's educational needs. The Home Hospital Instruction Program provides daily in-home instruction to students. Within the Medical Independent Study Program, students meet individually with their teachers at least once a week to receive instruction, new assignments, and review and correct homework. Families are given the option of which delivery model works best for their student's health needs (Ed Code 48206.3). *The program served 35 students this year. Board Policy 6183 Home and Hospital was revised to reflect the option of the medical independent study program for students requiring home hospital instruction.*

- **IEP Health Assessments:**

School Nurses complete health assessments for all students receiving an initial or triennial assessment for special education supports. Health Assessments include vision and hearing screening, basic health measures, and a health history with the parent/guardian and/or student. Significant health concerns impacting a student's academic achievement are addressed and services and supports are developed as needed. *This year, IEP Health Assessments were completed for 2,262 students.*

- **Immunization Clinic:**

The IZ Clinic is a service provided to district families in an effort to help them comply with SB 277, legislation that mandated immunizations for school enrollment. The clinic kicks off in mid-August to serve students heading back to school, and remains open every Thursday from 3-6pm September through May. Services include immunizations, health insurance enrollment through Sacramento Covered, and free oral health exams through the Center for Oral Health. *This year the IZ Clinic provided 758 students with 1,918 vaccines.*

- **State Health Reporting:**

Annual state reports are compiled and submitted to the California Department of Public Health for kindergarten and 7th grade immunizations (California Health & Safety Code 120325-120375) and kindergarten oral health assessments (Ed Code 59452.8). Hearing screening results are submitted to California Department of Health Care Services (Ed Code 49420, CEC and Section 2950, CCR, Title 17).

- **Stock Epinephrine Program (“Epi-pens”):**

Per Education Code 49414, all schools are required to have Stock Epinephrine pens on-site and available in the case of a suspected anaphylactic reaction. SSHS provides annual training to volunteers, stocks epinephrine pens at each school site, and manages program coordination.

- **Vision and Hearing Team:**

Per Education Codes 49420 and 49455, students in kindergarten, 2nd, 5th, and 8th grades must be screened for vision and hearing health. A team of two SSHS School Nurses and one Health Clerk screen students for near vision, far vision and hearing. Students who fail their hearing screening in 8th grade are re-tested in 10th grade. *This year, a total of 13,120 students were screened by the Vision and Hearing team.*

Support Services

Student Support Services offers a wide range of social, emotional, and health resources to help students thrive. We promote attendance and a positive school climate by focusing on the whole child, providing critical support services and removing barriers to learning.

- ### Mental Health Crisis Response:

In addition to services that support students on an ongoing basis, SSHS leads SCUSD's Mental Health Crisis Response Team. In crisis situations – whether sudden death on a school campus, natural disaster, or other intensive event – this trained team of school-based mental health professionals is ready to serve and support at a moment's notice. SSHS coordinates this team, trains and dispatches its members, and keeps valuable data for prevention and follow-up purposes.

- ### Homeless Services:

The Homeless Services program supports the enrollment, attendance and achievement of homeless students to ensure they receive equal access to educational opportunities. Specific services include: school enrollment and attendance support, records retrieval, coordinating with donors to provide backpacks, school supplies, winter wear, & hygiene supplies to homeless & other disadvantaged students throughout the district, shelter/housing and community referrals, and education support services under the McKinney-Vento Homeless Assistance Act. *In 2017-18, Homeless Services identified and served 590 homeless students.*

- ### School Climate and Bullying Prevention/Intervention:

Our School Climate Collaborative is a group of community organizations and providers who meet regularly with principals, district and school staff, sharing tools that build positive school climate. School climate notwithstanding, peer issues do arise, and the Bullying Prevention/Intervention program provides school sites with the tools and consultation necessary to prevent bullying and intervene when necessary. Developed in July 2011, this comprehensive program focuses on reducing bullying and harassment of students, district-wide. The program is designed to address the issue of bullying systemically and follows the district's strategic plan on bullying prevention developed in August 2011. *This year, 1,743 stakeholders and students received bullying prevention and intervention training, while 171 incidences of bullying were reported and investigated. Intensive mediations were completed in 57 cases, with another 607 consults provided.*

- ### Student Suicide Prevention and Intervention:

SSHS trains all district-employed mental health professionals (i.e. school counselors, nurses, psychologists, social workers, and SSC specialists/coordinators) on suicide risk assessment



procedures including the use of the district approved suicide risk assessment tools. SSHS has developed and manages a response system for intervening when a student is identified at risk of suicide, which includes deploying trained staff to school sites to conduct assessments as needed. *This year, SSHS trained 188 district staff to use the approved suicide risk assessment tools, and more than 250 assessments were completed. This number represents a 74% increase in the number of reported suicide risk assessments from last academic year.*

- **Student Support Centers and the Connect Center:**

SSHs operates 27 Student Support Centers (SSCs) at schools throughout the district to provide support to students who are struggling socially, emotionally, behaviorally and/or academically. At each center, a coordinator works closely with school staff to identify students in need of assistance. Once identified, staff assess both the student and family’s needs *and* strengths, employing available assets in planning interventions. Social workers, interns, and community partners work collaboratively with students and their families to address issues that are of concern to them, drawing on other resources for additional support. *In 2017-18, Student Support Centers collectively served a total of 16,519 students, providing more than 13,000 Tier 2 (strategic) and Tier 3 (intensive) level supports.*

2017-18 Schools with Student Support Centers

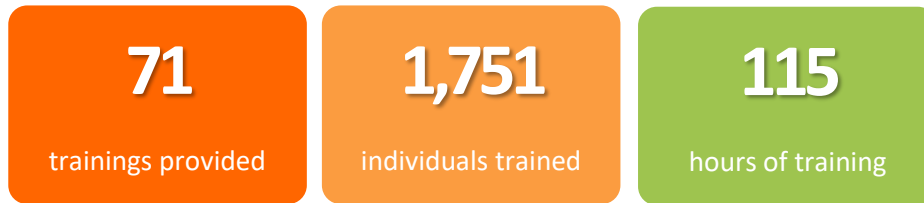
A.M. Winn • Abraham Lincoln • American Legion • Bowling Green Chacón • Bowling Green McCoy • Bret Harte • Caroline Wenzel • C.K. McClatchy • David Lubin • Earl Warren • Edward Kemble • Elder Creek • Ethel Phillips • Fr. K.B. Kenny • H.W. Harkness • Hiram Johnson • Isador Cohen • John Bidwell • John D. Sloat • John Still • Oak Ridge • Pacific Parkway • Rosa Parks • Susan B. Anthony • Will C. Wood • Woodbine

The Connect Center is a centralized Student Support Center that serves as a “gateway” to critical supports for students and families whose schools do not offer an SSC. This central hub is designed to increase coordination of services by providing a single, easily identifiable point of access and assistance to address the social, emotional, and health needs of all students. *This year the Connect Center served 565 individual students and their families.* The Connect Center also houses the district’s LGBTQ support programs, and serves as a gateway to health insurance enrollment for all SCUSD students.

- *LGBTQ Support Services* provides mentoring support to individual students and their families, technical assistance to school-site Gender & Sexualities Alliance (GSA) Clubs; facilitates the LGBTQ Task Force, comprised of staff, students, parents, and community members; plans and facilitates the student conference “Be Brave Be You,” and a bi-annual professional development opportunity for staff and community members entitled “No Time to Lose.”
 - *Board Policy 5145.31 Transgender and Gender Non-Conforming Student Policy was successfully revised in the Spring of 2018.* The policy incorporates changes in local laws to protect students, such as: schools accepting a student’s asserted gender identity; clarifying school records vs. legal documents; and clarifying procedures for restroom/locker room access.
- *Health Insurance Enrollment* is provided onsite in partnership with Sacramento Covered on Tuesdays at the Connect Center, and Thursdays during Immunization Clinic hours. *165 students were provided with health insurance enrollment and/or navigation.*

Part Two: Training and Professional Development

SCUSD students and families deserve the best – that includes staff that are highly-trained and well-versed in evidence-based practices across disciplines. In an effort to contribute to the ongoing development of staff, teachers, parents and students, SSHS staff provided more than seventy trainings this academic year.



Training Topics

504 Compliance • Bullying Prevention & Intervention • Chronic Absenteeism • Mental Health Crisis Response Team • Epi-Pen • LGBTQ Student Safe Zones • Mandated Child Abuse Reporter Training • Mindfulness • Social & Emotional Learning • Suicide Risk Assessment • Trauma Informed Schools • Youth Mental Health First Aid

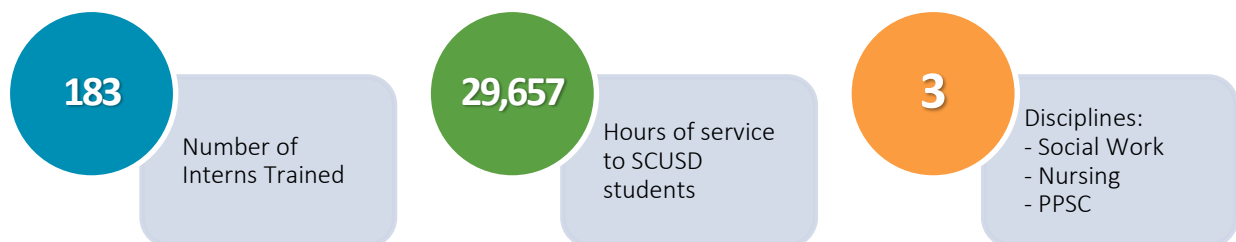
Trainees

Classified Staff • Classroom Teachers • Community Members • Department & Expanded Learning Staff • Foster Parents & Caregivers • Office Managers • Parents/Guardians • PE Teachers & Athletic Directors • Site Administrators

Our training program includes preparing the next generation of practitioners. This preparation also leverages partnerships with higher education institutions to do training in the field on our school campuses, for a mutually beneficial collaboration. Since 1999, SSHS has hosted and trained more than 700 vocational, undergraduate, graduate, and postgraduate interns from:

- Boston University
- California State University, Northridge
- California State University, Sacramento
- California State University, San Jose
- Charles A. Jones Skills Center
- Samuel Merritt University
- Simmons College
- University of Nevada, Reno

Each year SSHS brings dozens of higher education learners to school campuses across the district to engage with our students and help enrich their lives, helping interns leave ready to emerge as leaders in their respective fields. Our interns provided a significant amount of service to SCUSD students.



Part Three: Grants and Research

SSHS staff employ evidence-based practices, and also work to contribute to empirical bodies of knowledge, by securing grants to support critical work, and partnering with local academic institutions to participate in research projects and present findings at national conferences.

The California Endowment: Chronic Absence Project

We know that transportation is a significant barrier to student attendance. Thanks to funding from the California Endowment, SCUSD continues an eight-year partnership with the UC Davis Center for Regional Change (UCD-CRC) to learn more about student's access to transportation to and from school including access to public transportation. Students at one middle school and one high school participated in the transportation survey, the results of which will be released in August 2018. In addition, The California Endowment is funding the development of a district-wide electronic Attendance Toolkit to support continued improvement in attendance monitoring and intervention practices.

The California Endowment & Kaiser Permanente: Connect Center Services Grant

Generous support from The California Endowment and Kaiser Permanente help support the work of two Youth and Family Mental Health Advocates, who help coordinate The Connect Center's LGBTQ Student Services and Health Insurance Enrollment programs, and assist with case management and resource linkages for over five hundred students.

Kaiser Regional Resilience Project – Year Two

In 2016, SSHS secured a \$95,000 grant from Kaiser Permanente to immerse staff in trauma-informed practice and mindfulness education. Following the year one emphasis on department-wide training in trauma-informed practice, in 2017-18 the grant focused on a deep-dive into one school community. A 0.6 FTE mental health clinician was hired to work in partnership with the Student Support Center and school staff in providing trauma-informed supports and interventions for 7th and 8th grade students and families, as well as professional development for school staff within John Still K-8 School. SSHS was invited and has applied for a third round of funding to continue this critical, evidence-based work.

Highlights:

- 12 middle school classes received stress management and mindfulness workshop.
- 57 students received individual or group trauma-informed mental health services.

Partners:

- Kaiser Permanente
- California School-based Health Alliance

Learning Communities for School Success Program

Since 2010, SSHS has been leading SCUSD's work in addressing chronic absenteeism. In 2017-18, SSHS focused on preventing chronic absenteeism in partnership with the district Grant Coordinator, Attendance and Enrollment, Youth Development and Equity Departments. SCUSD was awarded \$1,707,854 over three years to implement the developed plan, based on recommendations provided through the UC Davis Center for Regional Change chronic absence research project. The grant currently funds 2 full-time Attendance Department staff, and a Youth & Family Mental Health Advocate at the Connect Center.

Project AWARE Grant

In 2015, SSSH was awarded a three –year, \$350,000 grant by the federal Substance Abuse and Mental Health Service Administration (SAMHSA) to provide evidence-based Youth Mental Health First Aid (YMHFA) trainings to district staff, parents, and community members, primarily in the Meadowview and south Sacramento communities.

Highlights:

- 288 adults trained as Youth Mental Health First Aid (YMHFA) Responders
- 458 youth assisted by YMHFA Responders

The purpose of Project AWARE is to increase the mental health literacy of adults who interact with youth, and increase their knowledge of how to help a youth who is experiencing a mental health or addiction challenge or is in crisis. While the grant ends in September 2018, district staff will continue to offer trainings throughout the coming school year including piloting a shorter 6-hour version of the evidenced-base curriculum.

Project HOMES Research Study

Beginning in September 2017, the Project HOMES (Home-visits to Optimize Medical and Educational Success) research study conducted home visits with a transdisciplinary team including a pediatric healthcare provider and school staff to build a shared awareness of the home environment’s impact on child well-being and academic success. The goal of a home visit is to partner with parents/caregivers and students to develop health and education goals while identifying potential barriers and solutions. Students identified as being chronically absent and having an asthma-related illness were invited, along with their families, to participate. At the end of the first year of the project, 17 students have been enrolled in the Project HOMES study.

SacEDAPT Duration of Untreated Psychosis (DUP) Research Project

The Sacramento Early Diagnosis and Preventative Treatment Duration of Untreated Psychosis (DUP) Research Project seeks to reduce the duration of untreated psychosis or time between the onset of psychotic illness and engagement in appropriate treatment, from the U.S. average of one to three years, down to less than three months for youth. Four schools (two high schools, one middle school, and one K- 8 school) are participating in this 4-year project. Currently after three years of participation, 253 youth were screened for possible early symptoms of psychosis.

Highlights:

- Students at participating schools are receiving the most current, evidence-based treatment for serious mental illness
- 253 students screened

Sacramento County Office of Education, Bullying Prevention Grant

The Student Mental Health Wellness Education and Training Bullying Prevention Program grant from the Sacramento County Office of Education aims to maintain the capacity of SCUSD to implement sustainable bullying prevention programs and strategies. Funding for this program is provided by the Sacramento County Office of Education.

Highlights:

- 171 reports of bullying.
- 569 stakeholders and 1,174 students trained.

Part Four: Collaboration and Partnerships

Collaboration is central to the work of the Student Support and Health Services department. Through partnerships with a wide array of organizations, we are able to serve SCUSD students in many ways:

- Basic needs items such as food, clothing, furniture, and school supplies;
- Bullying and violence prevention and intervention programs;
- Direct medical care to chronically ill students;
- Educational programming through assemblies and classroom presentations;
- In-hospital instruction for critically ill students;
- Out-stationed staff to help families better access public benefits;
- School- and community-based outpatient physical and mental health services.

Our partners also serve students and the district indirectly by participating in several SSHS-led activities, such as:

- Chronic Absence Learning Collaborative;
- District Wellness Committee;
- LGBTQ Task Force;
- School Climate Collaborative;
- Student Suicide Prevention Board Policy Task Force;
- Individual case consults as needed;
- Over 180 vocational, bachelors, and masters, and postgraduate interns, who provide direct services to students, their families, and school staff.



Leveraging partnerships for student well-being and success!

SSHS Community Partners

Action Supportive Care Services
Active 20/30 Club of Sacramento
Assistance League of Sacramento
Boston University, School of Social Work
Building Healthy Communities Sacramento
California Department of Public Health
Capital Christian Center
Center for Oral Health
Charles A. Jones Vocational Nursing
Community Matters
Furniture for Families
Gender Health Center
Health Education Council
K to College
Kaiser Educational Theater Program
La Familia Counseling Center
Law Enforcement Chaplaincy
Legal Services of Northern California
LPC Consulting
Maxim Staffing Solutions
Mental Health America of Sacramento
Molina Health Care
Pacific McGeorge School of Law
Planned Parenthood
River City Food Bank
River Oak Center for Children
Sac EDAPT
Sacramento ACT
Sacramento Children's Home
Sacramento County Child & Family Access
Sacramento County DHA
Sacramento County DA's Office
Sacramento County Office of Education
Sacramento LGBT Community Center
Sacramento Covered
Sacramento District Dental Society
Samuel Merritt University
Sierra Health Foundation
Strategies for Change
Sutter Center for Psychiatry
Sutter Medical Center of Sacramento
Teachers for Healthy Kids
UC Davis Health System
Valley Vision
Vision Services Plan
Vision to Learn
WayUp Sacramento

Part Five: Staffing and Budget

For budget and staffing purposes, SSSH operates in three divisions: The Health Services division, the Support Services division, and, new to SSSH this academic year, the Foster Youth Services division. The majority of funding invested into the SSSH department is spent on staffing, with the remaining operations funds being spent to provide and/or improve upon the services and supports to students and families. Given the large amount of funds school sites, departments, the district and grant-funders provide, the SSSH department values accountability and transparency for the services provided by staff. SSSH participates in all district Medi-Cal billing programs, helping generate sustainable funding for services and the staff who provide them.

Staff

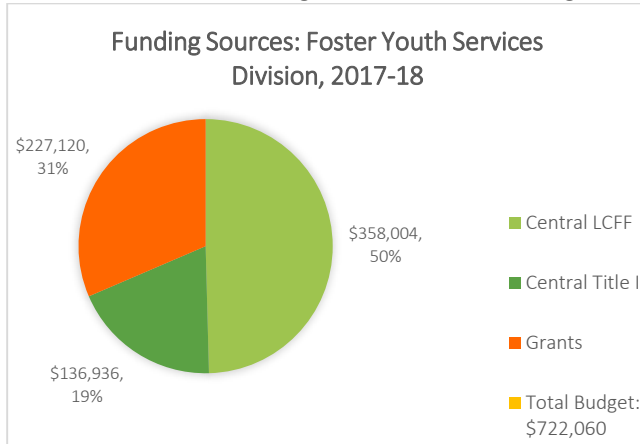
The majority of SSSH staff are clinically-trained, holding master's degrees (or higher) in community development, counseling, nursing, and/or social work.

	Position Title	# of Positions	Total FTE
Foster Youth Services Division	Coordinator II, Foster Youth	1	1.0
	Youth Services Specialist	1	1.0
	Program Associate	3	3.0
	Clerk	1	0.88
	Instructional Aide	2	2.0
	Division Total	8	7.88
Health Services Division	Lead School Nurse	2	2.0
	School Nurse	30	27.88
	Health Services Technician	1	1.0
	Health Services Clerk	3	2.625
	Health Aide III	4	1.75
	Home Hospital Teacher	5	4.0
	Division Total	45	39.26
Support Services Division	Coordinator II, Student Support Services	1	1.0
	Coordinator I, Learning Support Services	3	3.0
	Program Coordinator, Homeless	1	1.0
	Specialist II, Bully Prevention	1	1.0
	Specialist II, Learning Support Services	12	11.6
	School Social Worker	18	17.7
	Clinician	1	0.6
	Student & Family Support Specialist	1	1.0
	Youth & Family Mental Health Advocate	3	3.0
	Face Program Technician	1	1.0
	Division Total	42	40.9
SSHS Department	Director III	1	1.0
	Department Total	96	89.04

Budget

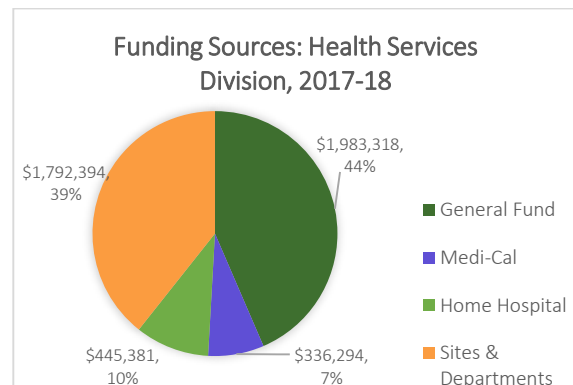
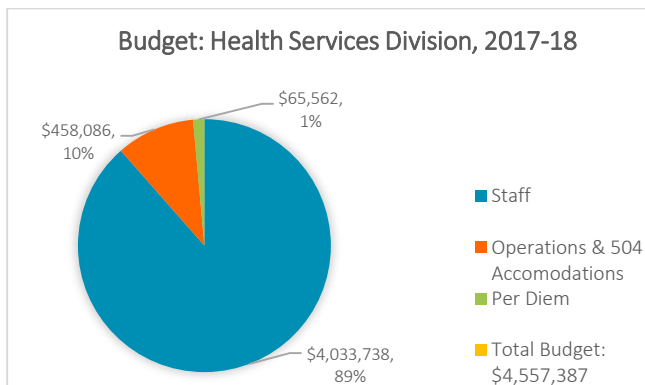
Foster Youth Services Budget

50% of the Foster Youth Services division budget is sourced from Local Control Funding Formula dollars, with the next largest sum – 31% coming from grants.



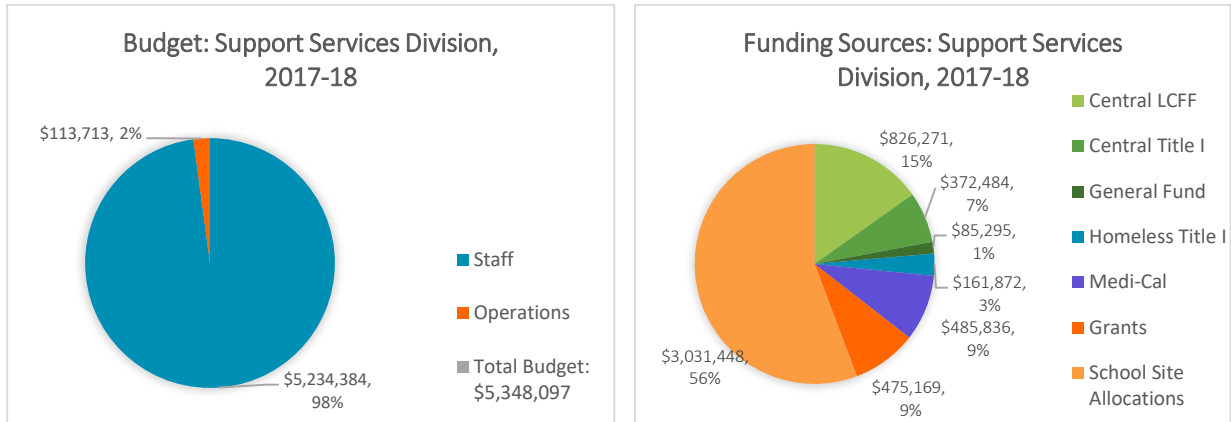
Health Services Budget

The majority – 90% – of the Health Services division budget is spent on staff, with another 10% being spent on operations. Half of the budget is sourced from SCUSD General Funds, with the next largest sum – 39% coming from SCUSD school sites, programs, and departments that purchase school nursing time. In the absence of funding for special assignments within departments or schools, the average caseload for a 1.0 FTE School Nurse serving K-12 schools is 3,450 students across 6 school sites.



Support Services Budget

The majority – 98% – of the Support Services division budget is spent on staff, most of whom are providing direct services to students daily. More than half of funding for staff comes from school site allocations – those sites choosing to bring a Student Support Center to their campus. Because staff funding is generated largely by individual school site contributions, the student to staff ratio for Support Services staff varies widely, depending on how many schools each individual staff member is funded to cover.



Part Six: Looking Ahead

Reflecting on SSHS data as well as district and school site data trends, several themes emerge, generating the following priorities for the year to come:

- Refine data-collection and documentation with the 2018-19 [launch of a new, web-based Student Support data collection tool](#) currently in development. This database will allow SSHS staff to interface with the District's new Early Indicator and Intervention System (EIS) to manage cases in real-time, using strengthened assessment and case-planning tools and systems, while still maintaining ethical practice including client confidentiality.
- SSHS will continue partnering with district staff on developing [Multi-Tiered Systems of Support \(MTSS\)](#), inclusive of social/emotional and academic supports and interventions. At the start of the 2018-19 school year, SSHS data will be integrated into the district's Early Indicator and Intervention System (EIS), providing the capacity to track student interventions and outcomes. Processes are being developed to identify "at risk" students, triage referrals to appropriate staff members, provide interventions, and monitor progress.
- Continuing our efforts to provide [mental health supports within school sites](#), either through direct services with school-based staff or by linking students and families with community-based mental health providers, remains a high need and priority. SSHS staff will continue to engage with community mental health providers to address concerns regarding [access to care](#) within the community and school settings. Staff regularly attend the Sacramento County Children's Mental Health Stakeholder meetings and the SCOE Mental Health & Wellness Collaborative.
- Increase awareness and expand capacity of district staff in shifting to a [trauma-informed, resilience-focused paradigm](#). If implemented systemically and strategically, this evidence-based practice has the potential to improve the lives and outcomes of all of our students.
- Implicit Bias, the automatic and unconscious stereotypes that drive behavior and decision-making, can have negative impacts on outcomes for student of color and marginalized youth, leading to disproportionate outcomes in areas such as graduation, suspension, and school attendance. SSHS staff will partake in a series of [trainings designed to increase equity literacy](#), such as identifying and confronting inequity in practices, policies, curricula and research.

SSHS looks forward to engaging with our stakeholders in 2018-2019 to continue serving our families with compassion and care. The following specific initiatives are planned or already in progress:

- **Board Policies**
SSHS is working with district staff, school site staff, community partners, parents, and students to develop and update several important board policies for review and approval by Trustees in the coming school year
 - o [Chronic Absence](#): Updating current board policy and administrative regulations to reflect chronic absence, rather than truancy language. Providing guidance for a proactive stance on addressing attendance concerns and identifying students who are chronically absent.
 - o [Student Suicide Prevention](#): Per AB 2246, SSHS has convened a committee consisting of school site and district staff, parents and community members to create a student

suicide prevention board policy, based on the CDE model policy. The policy includes staff, student and parent training; protocols for assessing and intervening with youth at-risk of suicide; and postvention strategies for when a student attempts and/or dies by suicide. Revisions to Board Policy 5141.52 Student Suicide Prevention Policy are currently pending Board approval.

- **Grants & Research**

SSHS is also dedicated to introducing new, innovative practices for the benefit of our students, including:

- **Mental Health Services Oversight & Accountability Commission, Mental Health Triage Grant:** The Mental Health Services Oversight and Accountability Commission has awarded Sacramento County Behavioral Health Services more than \$2 million dollars in grant funding as part of Senate Bill (SB) 82 Investment in Mental Health Wellness Act third round crisis triage grant funds. Sam Brannan Middle School and Albert Einstein Middle School will receive supports through this grant. The funding will allow for mental health triage staff to work within the schools – identifying and linking students to the existing mental health system.

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