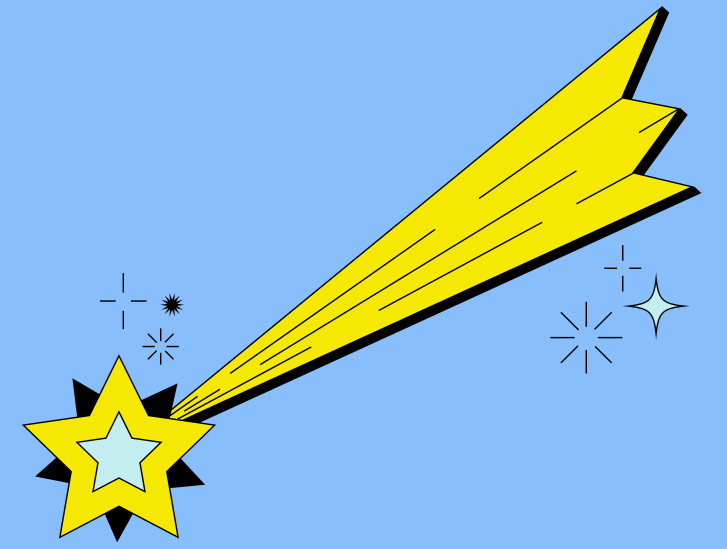


# GRACE FOR SCUSD STUDENTS & TEACHERS



# 1

## Free App for All SCUSD

Download Grace, an app created by students for students with all the local health resources and more inside.



# 2

## No Sign-in Needed

Just select your campus and use the Calming Room, Wellness Resources, Referrals or Urgent Help all for free.

# 3

## Calming Room

Check out the Calming Room for some quick meditations, background sounds & live animal cameras to help with stress.

# 4

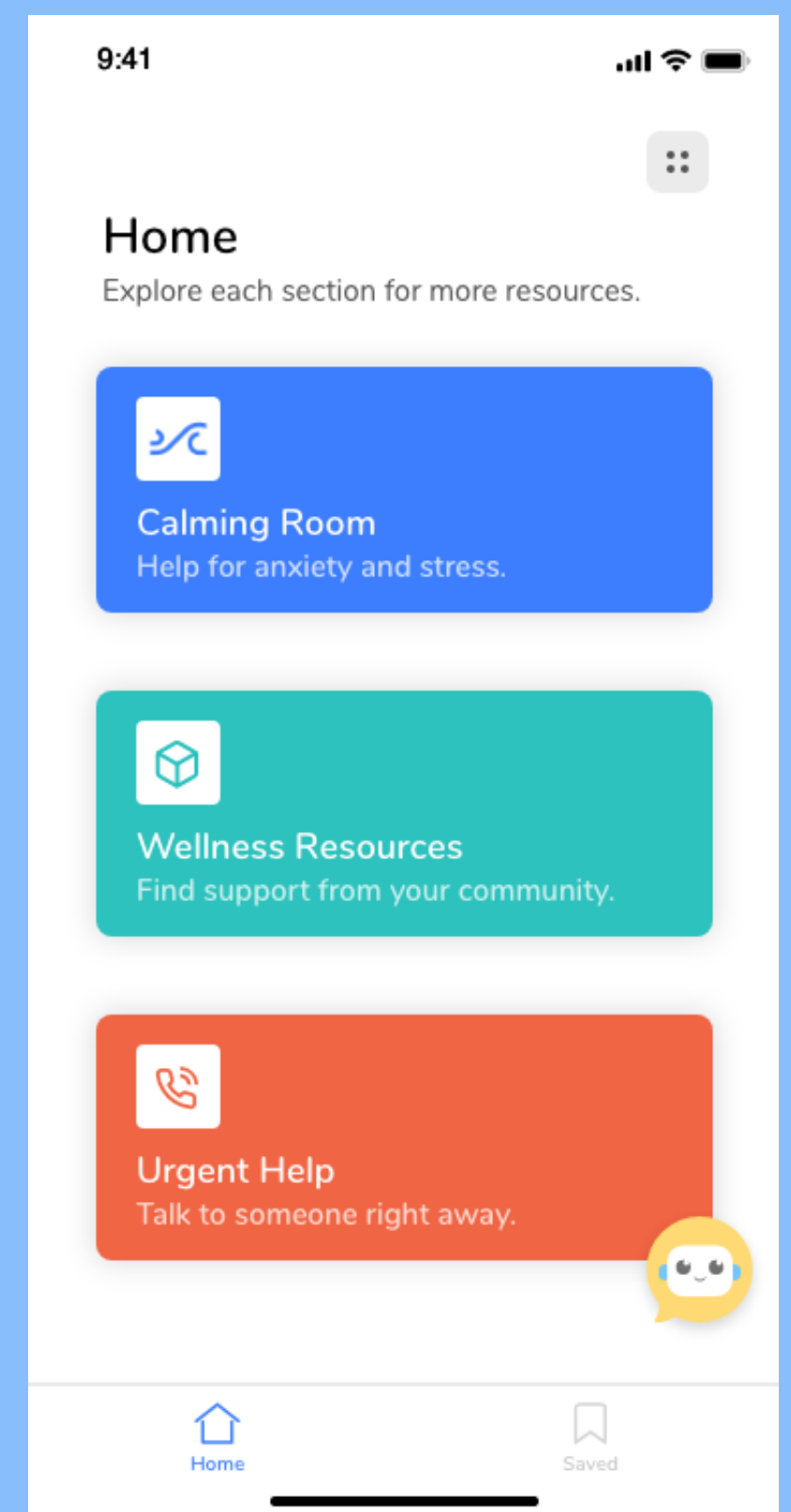
## Wellness Resources and More!

Find local wellness resources for Food, Shelter, LGBTQ, Family help and more!

# 5

## Meet Grace

Last but not least, meet Grace the helpful bot that can answer your questions and get you what you need quickly.



## #COMMUNITYSAFE



@scusdstudentmentalhealth



@scusdstudentmh

