

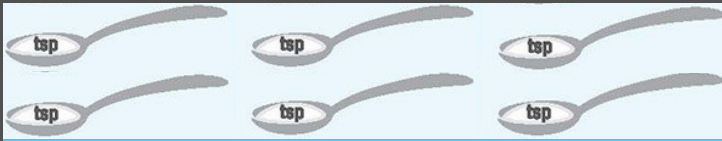
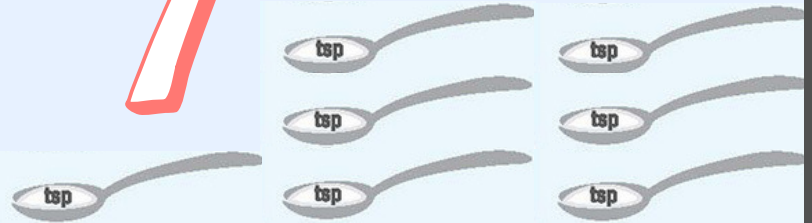
CUPCAKES

\$20



*Prices based on a classroom of 30 students

ONE CUPCAKE HAS ALMOST
7 TEASPOONS OF SUGAR!



Source American Heart Association statement:
Added Sugars and Cardiovascular Disease Risk in Children



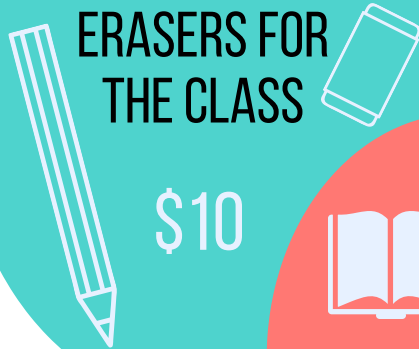
KIDS SHOULD HAVE LESS
THAN SIX TEASPOONS
OF ADDED SUGAR DAILY



HEALTHY CELEBRATIONS

To view SCUSD's updated Wellness Policy and resources visit www.scusd.edu/district-wellness-committee

BRING COOL
PENCILS OR
ERASERS FOR
THE CLASS



\$10

BRING SPECIAL
ACCESSORIES
TO WEAR



\$5

BIRTHDAY



\$0



CHOOSE A FUN
ACTIVITY FOR
THE CLASS



\$10

DONATE A
FAVORITE BOOK
TO THE CLASS



HEALTH
EDUCATION
COUNCIL

The mission of the Health Education Council is to cultivate health and well-being in under-served communities by leveraging the power of collaboration. For more information, visit www.healthedcouncil.org

Funded by the USDA SNAP, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips.